



KARATE TRAINING SCHEDULE

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>Private Lessons</u>
			Intro Class 3:30-4:00		Private Lessons Mon-Sun By Appointment Only
TINY TIGERS ADVANCED 4:00-4:30	TINY TIGERS BEGINNER 4:00-4:30	TINY TIGERS ADVANCED 4:00-4:30	TINY TIGERS BEGINNER 4:00-4:30		
LD BEGINNER 4:30-5:05	LEVEL 2 4:35-5:20	LD ADVANCED 4:30-5:10	LD BEGINNER 4:40-5:15	Intro Class 4:30-5:00	
LEVEL 3 5:10-6:00	LD ADVANCED 5:20-6:00	LEVEL 1 5:15-5:55	LEVEL 1 5:30-6:10	LD ADVANCED 5:00-5:40	
LEVEL 2 6:00-6:45	LEVEL 1 6:00-6:40	LD BEGINNER 6:00-6:35	LEADERSHIP 6:20-7:00	LEVEL 2 5:45-6:30	
LEVEL 4 6:45-7:40	LEVEL 4 6:45-7:40	LEVEL 3 6:40-7:30	LEVEL 4 7:00-7:55	LEVEL 3 6:30-7:20	
ADULTS 7:45-8:45	TEAM ELITE 7:45-8:30 Invite Only	ADULTS 7:30-8:30	ADULTS (OPEN WORKOUT) 7:00-7:55		
		ADULTS ADV 8:30-9:00			

TINY TIGERS BEGINNER— (Ages 4-5) WHITE Belts

TINY TIGERS ADVANCED— (Ages 4-5) YELLOW through BLACK

LITTLE DRAGON BEGINNER—(Ages 6) WHITE & Beg YELLOW

LITTLE DRAGON ADVANCED—Int YELLOW, Adv YELLOW, Beg ORANGE, Int ORANGE, Adv ORANGE, & Beg PURPLE

LEVEL 1— (Ages 7-13) WHITE Belts

LEVEL 2—Beg YELLOW, Adv YELLOW, Beg ORANGE, & Adv ORANGE

LEVEL 3—Beg PURPLE, Int PURPLE, Adv PURPLE, Beg BLUE, Adv BLUE, Beg GREEN, & Adv GREEN

LEVEL 4—Beg 1ST BROWN, Adv 1ST BROWN, Beg 2ND BROWN, Adv 2ND BROWN, Beg 3RD BROWN, & Adv 3RD BROWN

MAKE UP CLASSES—ALL LEVELS MAY ATTEND SAME LEVEL CLASSES FOR MAKE UP CLASSES

ADULTS— Junior & Adults learning adult curriculum/ALL Belt Ranks

Class Schedule

Starting September 25, 2023